

TEEN DATING VIOLENCE

JOE TORRE
SAFE AT HOME.

Teen dating violence (TDV) refers to abusive, controlling, or harmful behaviors that occur within a dating relationship involving teenagers. It can include physical, emotional, sexual, or digital abuse, and can happen between current or former dating partners.

How to help a friend:

- 1. Listen Without Judgment:** Let them talk freely, showing empathy and support without blaming.
- 2. Offer Support, Not Solutions:** Be supportive and ask how you can help, rather than telling them what to do.
- 3. Encourage Professional Help:** Suggest they reach out to their MP counselor or trusted adult for guidance.
- 4. Educate on Healthy Relationships:** Share what a healthy relationship looks like to help them recognize abuse.
- 5. Stay Patient and Be There:** Keep checking in and remind them they're not alone, even if change takes time.



safeathome.org/resources



Love is Respect hotline 1-866-331-9474 OR text "LOVEIS" to 22522

RELATIONSHIP GREEN FLAGS



Your partner respects your boundaries, and you feel safe and comfortable around them.



You're both open and honest, and disagreements are respectful.



You handle conflicts constructively, aiming for compromise & understanding, together.



You trust each other to keep promises and follow through.

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*Relationship "green flags" are positive qualities that help distinguish a healthy relationship from an unhealthy or abusive one. Recognizing these green flags can empower us to set boundaries, understand what we deserve in a relationship, and identify early signs of healthy, nonviolent partnership.